



Healthy gut
and vaginal
flora

Contains the
De Simone
Formulation

As a mother to be, your health becomes essential not only for yourself but also for your baby.

A healthy gut and vaginal flora will help you through your pregnancy and already set the right footprint for your baby. Early life microbiota is influenced by birth mode, antibiotic use and nutrition, including breast milk components.

Gynemixx® contains the De Simone Formulation, scientifically validated worldwide for its safety features at a concentration of **225 billion** live and active bacteria **per sachet** to:

- Colonize your **gut** flora with good bacteria
- Help restore the balance of the **vaginal flora**
- Influence **breast milk** cytokine profile

For more information,
visit www.gynemixx.net

To order

contact us at
info@gynemixx.net

8 registered strains

Gynemixx® contains the De Simone Formulation, 8 different strains:

- Streptococcus *thermophilus* NCIMB 30438
- 3 bifidobacteria : *B. breve* NCIMB 30441, *B. lactis* NCIMB 30435, *B. lactis* NCIMB 30436
- 4 lactobacilli : *L. acidophilus* NCIMB 30442, *L. plantarum* NCIMB 30437, *L. paracasei* NCIMB 30439, *L. helveticus* NCIMB 30440

The selected strains have specific immunological, biochemical characteristics, the ability to operate in synergy and can survive gastric and biliary acid.

Recommended daily intake

The recommended daily dose is 1-2 sticks.

The improvement can already be felt after a few days, the optimal colonization is achieved in 2-3 weeks.

Bloating can occur, this is a transient phenomenon due to the adaptation of your flora to the new bacteria.

Clinical studies have proven that Gynemixx® is safe to use during pregnancy. However, please consult your doctor before taking this or any other food supplement.

How to take Gynemixx®

Open the sachet and stir the contents into 100 ml of cold non-carbonated drink, yogurt or applesauce and ingest immediately.

Keep Gynemixx® in the refrigerator (+2-8°C).

The product can stay up to one week out of the refrigerator (<25°C).

225 billion bacteria



Gynemixx® box of 10 sticks.
Weight: 22g (2,2x10g).